



# myHSA™

## A guide for your employee health benefits

### What is myHSA?

The health spending account (HSA) provides you a fixed allowance to spend on eligible health expenses like vision and dental—offering personalized employee health benefits with the flexibility to choose how you spend your benefit dollars.

Your employer has allotted you a health allowance for the benefit year, reimbursing you (and eligible dependents) on health expenses that best suit your needs.\* Your HSA is a tax-free benefit for health services you access, whether that's dental, vision, professional services, or other eligible expenses granted by the CRA.

### How do I use myHSA?

Using your HSA is as simple as accessing an eligible product or service and making a claim with proof of receipt. Make claims online through your employee portal, or download the myHSA app to make and view claims on-the-go—available for iOS and Android devices.

### What's eligible under myHSA?

Access the interactive tool on your dashboard to view your list of covered items for eligible claims, granted by the CRA.

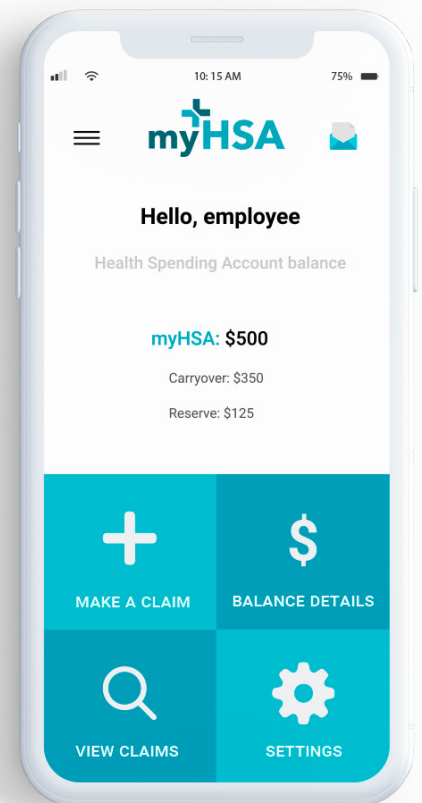
### How does reimbursement work?







Once a claim is submitted and approved, reimbursement takes one to three business days. The total cost of the expense—as identified by your receipt(s)—is deposited into your bank account, and your HSA balance will update live to reflect your claims made. Make sure your personal information and bank details are up-to-date in your employee profile.

### What if I need help along the way?

We offer online 24/7 support to answer your questions or concerns. Access our chat on the platform, or app, to talk to our in-house customer service representatives. Or email us at [support@getmyhsa](mailto:support@getmyhsa). Select the FAQ in your help center for answers to common questions.

\*Dependents may not be eligible under your plan.



-  *No hidden fees*
-  *Real time balance updates*
-  *Quick reimbursement*
-  *Secure platform*
-  *Live chat & 24/7 support*
-  *Employee app*